



# Drug Addiction Rehab Florida

Reach Out To Us Today

954.429.5026

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Addiction to drugs and alcohol is one of the leading health problems in the United States today. Fortunately, there is help available when you reach out to United Recovery Project. We're committed to providing individualized treatment for every person who comes to our [substance abuse treatment program](#). To learn more about our services, contact our team today at [954.429.5026](tel:954.429.5026).

Finding the right substance abuse treatment center can be a challenge. Drug addiction is a serious disease requiring professional support to heal from. At United Recovery Project, we believe that the best medical professionalism can stand alongside comfort, giving individuals a more sure path to recovery. Emotional growth is an important aspect of recovery. You might be surprised to learn that equine therapy can be a great resource

in forming emotional connections with patients. Our expert therapists know how to determine a patient's change in well-being, mental and emotional health based on their interactions with horses. This can help our practitioners tailor the best possible treatment plan.

From the first contact, United Recover patients are provided with specialized care. Our team takes pride in their dedication to discretion and professionalism regarding your private circumstances.

"Thank you to everyone from the URP team! This place helped me change my life. Most of the team are recovering addicts which made every moment an opportunity to learn something. I really appreciated the CEO – Brian – conducting the nightly meeting once a week. You don't see that everyday."

– A.S.



Our drug addiction treatment program offers treatment for opioid addiction, as well as addictions to substances such as:

- Cocaine
- Heroin
- Methamphetamine
- Benzodiazepines
- Prescription medications

With our help, many patients are able to put their substance abuse behind them, allowing them to move into a better and brighter future.

## What Addictions Does United Recovery Project Treat?

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The term 'drug addiction' can refer to a range of substance use disorders. For instance, one of the most common addictions today is the addiction to opioid medications. In fact, the Substance Abuse and Mental Health Services Administration estimates that over 1.6 million people across the country had an addiction to opioids in 2019. Doctors and medical experts often prescribe opioids and opiates to help patients deal with pain after major surgery or injuries. Unfortunately, long-term use of opioids can lead to tolerance, meaning that the patient must take more of the medication to get the same effect. Furthermore, their brains quickly become dependent on the drug, which leads them to develop withdrawal symptoms when they miss a dose.

## Relapse Prevention Drug Addiction Treatment Programs

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Upon contacting us, our team of counselors and therapists will work alongside you to determine the best course of action. We understand that each individual will forge a unique path in recovery. Thus, we provide customized care so that your goals in sobriety are met. United Recovery Project goes beyond simply helping patients break the cycle of drug addiction. We excel at treating the root cause to prevent relapse and make a recovery a reality at our luxury treatment center.

Residential rehab facilities are too often crowded and make patients feel like they are in a hospital. We believe it's important

for patients to feel comfortable and at ease. A comfortable environment is a safe environment for patients to open up about their personal experiences and learn how to move forward.

Our team of medical professionals provides comprehensive care to combat the mental and emotional challenges that come with drug abuse through relapse prevention. Our highly skilled staff help patients learn essential skills for their return to everyday life.



Click to watch video

## How Many People In the United States Need Drug Addiction Rehab?

**2019**

**Close to 8.3 million people were addicted to at least one illicit drug.**

**Close to 21.6 million people needed treatment for substance abuse.**

**However, only 4.2 million people sought treatment.**

**Of the millions of people who did not seek treatment over 95% of survey participants did not believe they needed treatment.**



**Addiction to drugs and alcohol** is one of the leading health problems in the United States today. Fortunately, there is help available when you reach out to United Recovery Project. We're committed to providing individualized treatment for every person who comes to our drug rehab program.

Source: <https://www.samhsa.gov/data/sites/default/files/reports/rpt29393/2019NSDUHFFRPDEFWHTML/2019NSDUHFFR1PDFW090120.pdf>



- Creative therapies like art and music
- Equine therapy
- Relapse prevention education
- Life skills training
- Cognitive-behavioral therapy (CBT)
- Health, wellness, and fitness training

Experts have found it's important for those seeking to abandon a life of drug abuse to spend time away from the places and people that enable problematic lifestyle choices. The comfortable atmosphere promotes a sense of well-being that will allow patients to distance themselves from the anxiety and stress that led to their negative behaviors. When patients have learned the proper coping skills necessary for sober living, they can fight off temptation using the tools they have worked to establish during their stay.

## Why Choose United Recovery Project

Those who choose our facility enjoy South Florida's sunny lifestyle while giving themselves the headspace for self-care and reflection. An open mind is essential for developing the positive attitude and life skills needed in recovery.

While enjoying the amenities provided by United Recovery Project to help ease the path to sobriety, patients engage in addic

“United Recovery Project was amazing. It was very accommodating to my needs. The staff was excellent. My therapist and case manager went above and beyond to help me. I really worked on myself with their help and have hope today because of it. I would highly recommend to anyone with a substance abuse problem.”

– Cody

# Therapeutic Options At Our Treatment Center

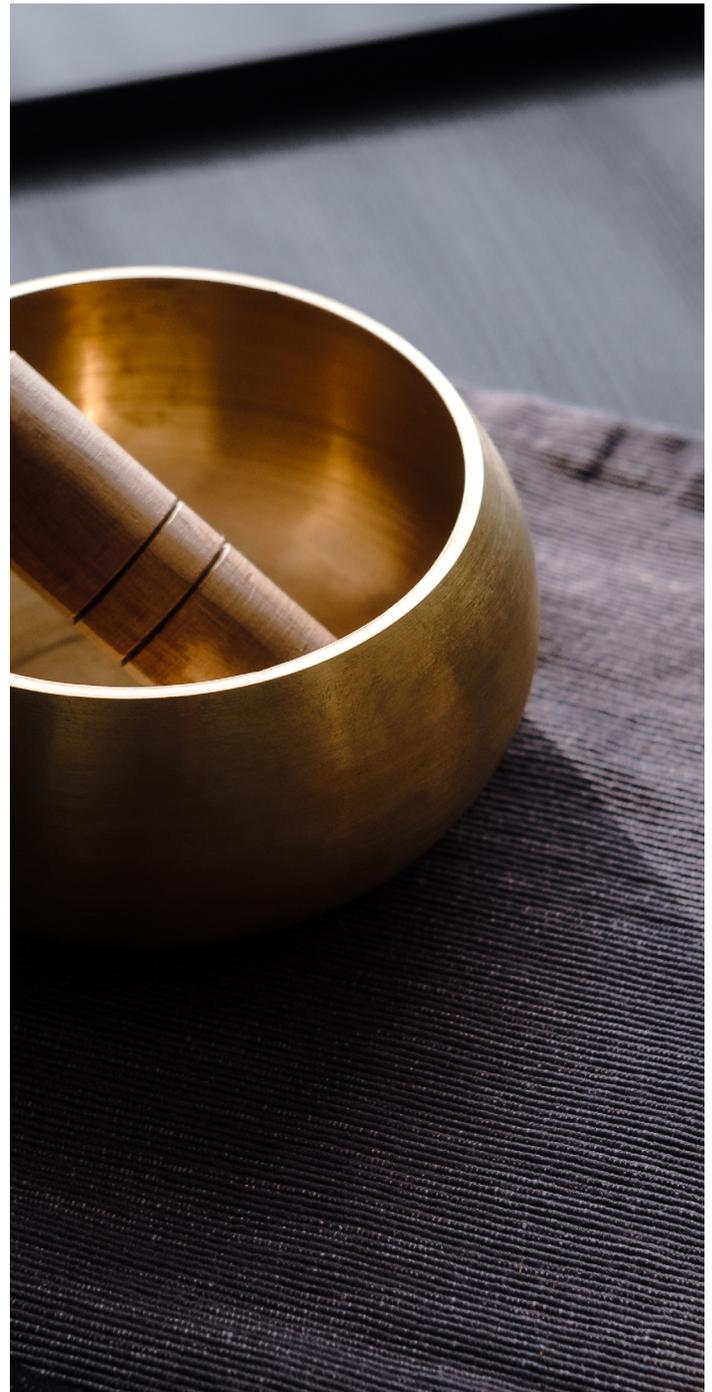
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It's critical to find a treatment center that offers a wide array of therapeutic options. Not every therapy will address every person's substance abuse condition. As a result, we take the time to get to know the patients in our treatment center. When someone first calls United Recovery Project, we perform an extensive intake exam that tells us about the patient's physical and mental health, their history of addiction, and their past as a whole. This assessment allows us to determine what treatment options would be best suited for each person's unique situation.

We offer a wide array of therapeutic options, including:

- Individual therapy
- Psychotherapy
- Group therapy
- Holistic therapy

Some of these treatments will occur on a one-on-one basis. That means that the patient will work alone with a therapist or counselor to get to the root of the problem causing the substance abuse. However, many of our treatment options will occur in a group. Group therapy shows our patients that they are not alone in their challenges.



It also allows them to form a support system and long-term relationships, which can be incredibly useful in helping patients stay sober for more extended periods of time. In the end, the goal is to provide each patient with the tools they need to combat the cravings and triggers that may come up in day-to-day life.



alcohol use can lead to short and long-term changes to the user's brain.

These changes can lead to a range of mental health issues, such as:

- Depression
- Anxiety
- Paranoia
- Hallucinations
- Aggression

There is treatment available for patients struggling with drug or alcohol use and mental health issues. With the help of the dual diagnosis treatment program at United Recovery Projects, we provide concurrent mental health and addiction treatment. This service allows patients to develop tools that can help them cope with their mental health symptoms while simultaneously allowing them to learn how to control their substance use. We provide treatment that we tailor to the individual's unique challenges, ensuring that they have the tools to stay sober outside of treatment.



## Dual Diagnosis Treatment As Part Of Our Drug Treatment Program

Many people who come to our [drug addiction rehab center](#) are struggling with mental health conditions and addiction concurrently. They may have developed a mental health concern as a teen or young adult and turned to drugs or alcohol to cope with the symptoms that come along with their condition. They may be afraid to stop using the substance because they're unsure how to manage their symptoms alone.

Conversely, some substances can lead to mental health issues. For instance, experts say that chronic use of drugs or

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Once you arrive at United Recovery Project, an intake specialist will help guide you through the first day of drug and alcohol addiction treatment. In the first week, patients typically meet with a mental health counselor and a medical physician to create a personalized treatment plan. Patients meet with a therapist for an individual therapy session to help clarify the goals of their treatment plan. Patients can expect to attend daily group sessions and 12 Step meetings.

We believe patients can appreciate the joys of luxury while learning from top medical professionals how to create a healthy lifestyle. Patients learn new methods on the road to recovery to free them from dependence on illicit substances.

Your life can begin a new path as soon as you're ready. Contact United Recovery Project today at [954.429.5026](tel:954.429.5026) to learn how you can recover in luxury.